WHO GROWTH CHARTS FOR CANADA

GIRLS

2 TO 19 YEARS: GIRLS

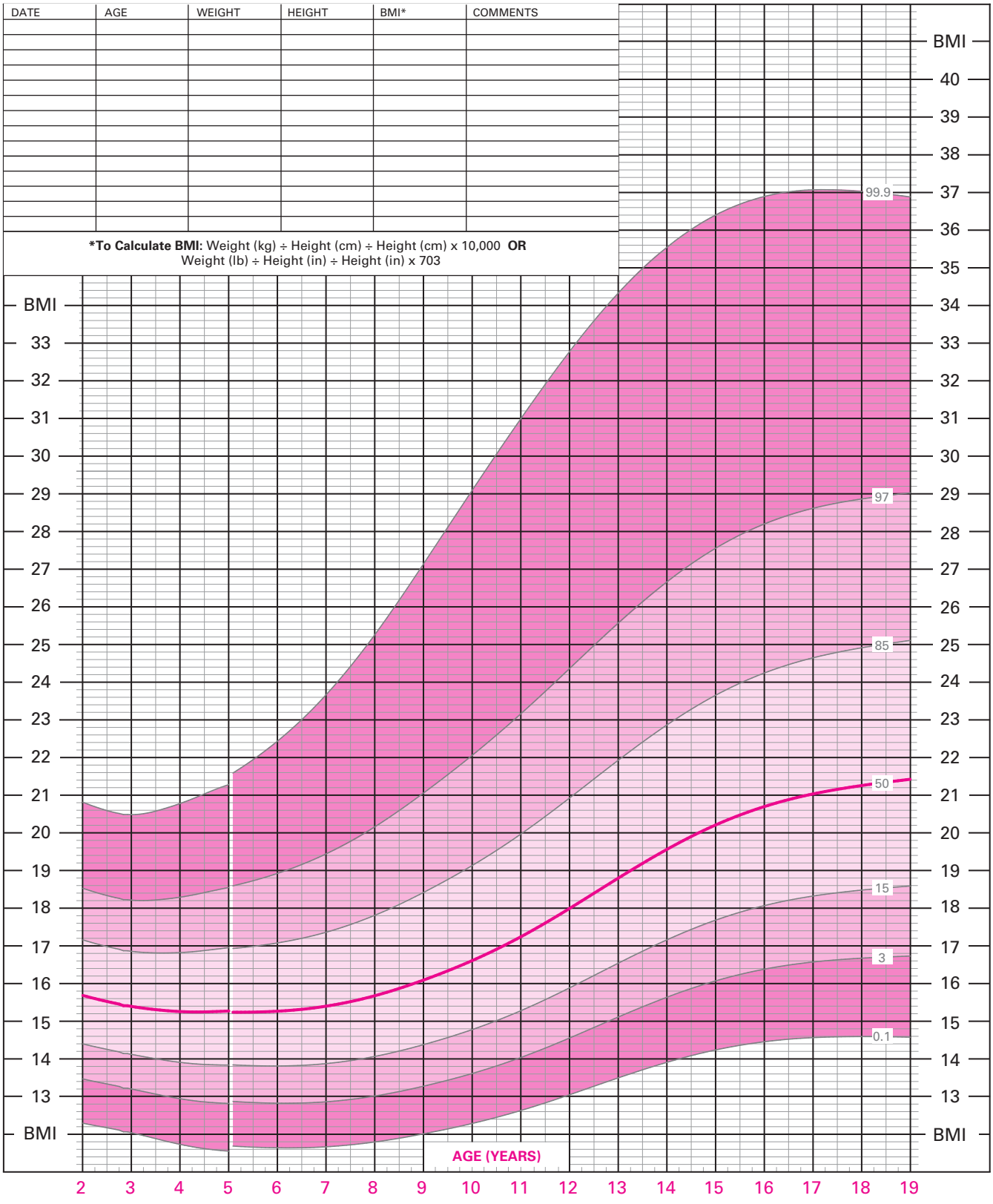
Body mass index-for-age percentiles

NAME: _____

DOB: _____ **RECORD #** _____

DATE	AGE	WEIGHT	HEIGHT	BMI*	COMMENTS

***To Calculate BMI:** Weight (kg) ÷ Height (cm) ÷ Height (cm) x 10,000 **OR**
Weight (lb) ÷ Height (in) ÷ Height (in) x 703



SOURCE: Based on the World Health Organization (WHO) Child Growth Standards (2006) and WHO Reference (2007) adapted for Canada by Dietitians of Canada, Canadian Paediatric Society, the College of Family Physicians of Canada and Community Health Nurses of Canada.

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